

Japji Pauri 20

When the hands and the feet and the body are dirty,
water can wash away the dirt.

When the clothes are soiled and stained by urine,
soap can wash them clean.

But when the intellect is stained and polluted by sin,
it can only be cleansed by the Love of the Name.

Virtue and vice do not come by mere words;
actions repeated, over and over again, are engraved on the soul.

You shall harvest what you plant.

O Nanak, by the Hukam of God's Command, we come and go in reincarnation.
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