

The Aquarian Teacher™

Level One Instructor Textbook



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PG # Book	NAME OF KRIYA/MEDITAION	REVISION
xi-xii	Table of Contents	page xi through page xii of the Table of Contents: After "INDEX" beginning with "PART NINE" delete, leave blank. The TOC for the manual is now printed separately. There are no pages 335-452.
319, 330	Description of Sat Kriya	For clarification, update the description of Sat Kriya: Men cross the right thumb over the left with the left little finger is on the bottom ; women cross left thumb over right, right pinkie on bottom .