



# The Aquarian Teacher™ KRI Level One CERTIFICATION REQUIREMENTS FORM



**To be filled out by Lead Trainer (or assigned person responsible) when student certifies:**

Please check each box to indicate student has completed qualification.

- Attended all Teacher Training classes – minimum **180** classroom instruction hours.
- Received a passing grade of \_\_\_\_\_ on the exam(s).
- Completed 20 Kundalini Yoga Classes during or after the completion of Teacher Training.  
*(each class must be a minimum of 1 hour each)*
- Performed satisfactorily in the student practicum.
- Created two acceptable yoga course curricula.
- Completed the assigned 40-day yoga set/meditation *(11-minute minimum)*.
- Participated in at least five full morning Aquarian Sadhanas: 2½ hours each.
- Participated in one day of White Tantric Yoga: **City:** \_\_\_\_\_ **Date:** \_\_\_\_\_
- Read, understood, and signed:

***The Code of Ethics and Professional Standards of a Kundalini Yoga Teacher.***

**I recommend this trainee be certified as a KRI Level One Instructor of Kundalini Yoga as taught by Yogi Bhajan®.**

\_\_\_\_\_  
**SIGNATURE Lead Teacher Trainer**  
*(or responsible person assigned by Lead Trainer)*

\_\_\_\_\_  
**Today's Date**

\_\_\_\_\_  
**PRINT Name of Lead Teacher Trainer** *(or assignee)*

\_\_\_\_\_  
**Course Location (City, State, Country)**

**To be read and signed by the student before the course begins:**

I, the undersigned, agree to the following:

1. KRI and the KRI Teacher Training team reserve the right to grant KRI Level One certification based solely on their discretion and evaluation of each student's readiness to be a Kundalini Yoga Instructor. This evaluation is based on successfully meeting the course requirements including, but not limited to those listed in this document.
2. I understand that I am strongly encouraged to submit my certification requirements within 6 weeks after the end date of the course. All requirements must be completed and submitted **no later than 12 months after the conclusion of the course**. If for any reason I do not complete the requirements for the course within this timeframe, I will not be certified.
3. If I am not granted certification, I understand that I have the right to appeal to KRI, whose decision shall be final.

\_\_\_\_\_  
Signature (Legal Name)

\_\_\_\_\_  
Date

\_\_\_\_\_  
PRINT (Legal Name)

\_\_\_\_\_  
PRINT (Spiritual Name)