

List of All Publications with the KRI Seal of Approval

Please note – the titles in italics are either written by Yogi Bhajan or contain virtually 100% material from the teachings of Yogi Bhajan

Author/Publisher	Name of Publication	
	Yoga and Meditation manuals	
KRI	<i>Inner Workout Manual</i>	
KRI	<i>Keeping up with Kundalini Yoga</i>	
KRI	<i>Maintenance Yoga Manual</i>	not on copyright list-out of print?
KRI	<i>Kundalini Yoga for Youth and Joy</i>	
Alice Clagett, CA	<i>Survival Kit for Stress and Pressure – Alice Clagett, CA</i>	Is this KRI or Alice Clagett? - not on KRI list
KRI	<i>Meditation Manual for Intermediate Students</i>	
KRI	<i>Sadhana Guidelines</i>	
KRI	<i>Slim and Trim</i>	
KRI	<i>Yoga Manual</i>	
KRI	<i>Owner's Manual for the Human Body</i>	
KRI	<i>Physical Wisdom</i>	
KRI	<i>Self Knowledge</i>	
KRI	<i>Self Experience</i>	
Nirvair Singh Khalsa, AK	<i>Yoga for Skiers and Runners</i>	
KRI	Traatakum pamphlet and photo ?	
Shakta Kaur Khalsa, VA	<i>Fly Like a Butterfly: Yoga for Children</i>	
Guru Kim Kaur Khalsa, CA	<i>Mala Meditation</i>	
Shakta Kaur Khalsa, VA	<i>Kundalini Yoga</i>	
Nirvair Singh Khalsa, AK	<i>Art, Science and Application of Kundalini Yoga</i>	
Nirvair Singh Khalsa, AK	<i>Yoga for Health, Relaxation and Well-being</i>	
Guruprem K & Atma Singh	<i>A Year with the Master</i>	
Shakti Parwha Kaur Khalsa	<i>Tool Kit for Teaching Beginners</i>	
Alice Clagett, CA	<i>Relax and Rejoice – vol 1 & 2 – Alice Clagett, CA</i>	Is this KRI or Alice Clagett? - not on KRI list out of print?
KRI	<i>Yoga for the 80s</i>	
KRI	<i>Reaching ME in me</i>	
Siri Kirpal Kaur, OR	<i>Yoga for Prosperity</i>	
Shakta Kaur Khalsa, VA	<i>Yoga for Women</i>	
Guru Dharam S, Darryl O'Keefe	<i>The Kundalini Yoga Experience</i>	
Sandra Halliday	<i>Kundalini Yoga</i>	
Siri Datta	<i>Open Your heart with Kundalini Yoga</i>	
KRI	<i>The Aquarian Teacher</i>	
Tarn Taran Kaur	<i>Fountain of Youth</i>	
KRI	<i>Infinity and Me</i>	
Aquarian Wisdom	<i>Aquarian Wisdom Calendar</i>	
KRI	<i>Praana, Praanee, Pranayam</i>	
	Lecture Series	
KRI	<i>The Master's Touch</i>	
KRI	<i>The Mind</i>	
KRI	<i>Applied Intelligence Vol 1&2</i>	
KRI	<i>Behind the Mask</i>	
KRI	<i>Contrast Consciousness</i>	
KRI	<i>Executive Mind</i>	
KRI	<i>Harmonious Communication</i>	
KRI	<i>Human Caliber</i>	
KRI	<i>Identical Identity Vol 1&2</i>	
KRI	<i>Identity and Identity Crisis</i>	
KRI	<i>Kundalini Lecture Series</i>	
KRI	<i>The Power of Projection</i>	
KRI	<i>The Radiant Body</i>	
KRI	<i>Romance and Reality</i>	
KRI	<i>Secrets of Happiness Vol 1&2</i>	
KRI	<i>Siblings of Destiny</i>	
KRI	<i>Success: The Original Way</i>	

KRI *The Experience of Consciousness*
 KRI *The Success Cycle*
 KRI *The Mind and Its Intrigues*
 KRI *The Mind: Its Properties, Polarities and Projection*
 KRI *Under the Blue Skies of New Mexico*
 KRI *Man to Man (all volumes)*
 KRI *Mysteries of the Unknown*
 KRI *Women in Training: all volumes*
 Guru Prem K & Atma Singh *Meditations for the new Millennium – 1999, 2000, 2001*

Other

Yogi Bhajan *Golden Temple Vegetarian Cookbook*
 KRI *Foods for Health and Healing*
 KRI *The Teachings of Yogi Bhajan*
 KRI *Communication – Liberation or Condemnation – PhD thesis*
 Jacqueline Koay & Ek Ong Kar Singh *The Kundalini Yoga Cookbook*
 Nirvair Singh Khalsa, AK *Heal Your Back Now*
 Dr Dharma Singh, AZ *The Pain Cure*
 Dr Dharma Singh, AZ *Brain Longevity*
 Dr Dharma Singh, AZ *Meditation as Medicine*
 Dr Dharma Singh, AZ *Food as Medicine*
 Shakti Parvha Kaur Khalsa *Kundalini Yoga – The Flow of Eternal Power*
 Manjit Kaur Khalsa *Radiance and Victory*
 Guru Terath Kaur, NM *The Art of Making Sex Sacred*
 Dr Subagh Singh, NY *The Success of the Soul*
 Dr Subagh Singh, NY *Meditation for Absolutely Everyone*
 Dr Subagh Singh, NY *Anatomy of Miracles*
 Dr Wahe Guru Singh, CA *The Miracle of Healing Hands*
 Dr Siri Amir Singh Khalsa *The Ancient Art of Self Healing*
 Dr Guruchander S Khalsa *Numerology*
 Dr Guruchander S Khalsa *Tantric Numerology*
 Sage of the Age *Greeting Cards*
 Dr Dyal Singh Khalsa *Traatakum Brochure*
 Robyn Landis *Herbal Defense*
 Karta Purkh Singh Khalsa, WA
 Sat Dharam K Khalsa, TO *A Call to Women*
 Hari Chan K Khalsa, NM *Lunar Woman*
 Dr Sat Kaur Khalsa *Sacred Sexual Bliss*
 Aquarian Wisdom *Daily calendars with quotes Yogi Bhajan*
 Guru Dev Singh Khalsa *Sat Nam Rasayan*
 Darshan Singh Khalsa *Yoga Secrets for Business Success*
 Quarterly Periodical *Aquarian Times*
 Sangeet Kaur *Womanheart*
 Guru Prem S, Harijot K *Divine Alignment*
 Deva Singh *Yoga for People from Whacky Families*
 Deva Singh *Mending Alcoholism and Substance Abuse*
 Tarn Taran Kaur Khalsa *3HO Women* *Conscious Pregnancy*
 Mahan Kirn K Khalsa *Mahan Kirn K Khalsa* *Bound Lotus*
 Hari Kaur Khalsa *A Woman's Book of Meditation*
 Machel Seibel & Hari K Khalsa *A Woman's Book of Yoga*

he has several books - not sure if any have seal

Other Languages

Satya Singh Khalsa, Germany *Kundalini Yoga handbuch (German)*
 Anand Kaur Seitz, Germany *Kundalini Yoga (German)*
 Guruchander Singh Khalsa *Numerology (Spanish)*
 Wiveca Hjalmarsson, Sweden *Kundaliniyoga (Swedish)*
 Guru Nam S, TX *Kundalini Yoga – Principles and Practice*
Foods for Health and Healing (Spanish)

Videos

Nirvair Singh Khalsa *Kundalini Yoga: A Complete Course for beginners*

Nirvair Singh Khalsa	<i>Yoga for Relaxation Vol 1&2</i>
Nirvair Singh Khalsa	<i>Prosperity is Green</i>
Nirvair Singh Khalsa	<i>Breathe Alaska</i>
Nirvair Singh Khalsa	<i>Ten Light Bodies of Consciousness (video and book)</i>
Nirvair Singh Khalsa	<i>Relaxing into the Deeper Mysteries</i>
Nirvair Singh Khalsa	<i>Healing Yourself and Others</i>
Nirvair Singh Khalsa	<i>Building Your Strength as a Healer</i>
Nirvair Singh Khalsa	<i>Heal Your Back Now</i>
Nirvair Singh Khalsa	<i>Weight Control with Kundalini Yoga</i>
Nirvair Singh Khalsa	<i>Morning and Evening Routines</i>
Nirvair Singh Khalsa	<i>Early Morning Sadhana</i>
Nirvair Singh Khalsa	<i>Let us Walk Tall with the Strength of Kundalini Yoga</i>
Nirvair Singh Khalsa	<i>Add grace and Prosperity with Kundalini Yoga</i>
Gurutej Kaur, CA	<i>Chakra Yoga</i>
Sangeet Kaur	<i>Starcode of Destiny</i>
Gurucharan S	<i>Happiness is my Birthright</i>
B.J McNeillie	<i>Kundalini Yoga for the Digestive System</i>
B.J McNeillie	<i>Kundalini Yoga for Releasing Stress</i>
<i>Helen Arpin</i>	<i>Kundalini Yoga</i>
Sat Jivan S	<i>Kundalini Yoga for Inner Peace</i>

Music

Nirinjan Kaur Khalsa	The Therapy Series audiotapes (14 cassettes, 6 CDs)
Dev Suroop Kaur Khalsa	Mantras, Mudras and the Spirit (7 cassettes sold separately)
Wahe Guru Kaur Khalsa	Aquarian Sadhana (cassette or CD)
Wahe Guru Kaur Khalsa	Sant Kee Chaal (cassette or CD)
Wahe Guru Kaur Khalsa	Gift From the Journey (cassette)
Hari Bhajan Kaur Khalsa	Har Haray Haree Wahe Guru (cassette)
Simran Kaur Khalsa	Tantric Har (cassette)
Simran K with Kirtan S Khalsa	Tantric Mool Mantra (cassette)
Los Angeles jetha	I am Unto Victory, I am (cassette)
Seva K Khalsa, Harbhajan K Khalsa	Before the Dawn
Seva K Khalsa, Harbhajan K Khalsa	Guru Ram Das Chants
Hari Simran Singh Khalsa	Gong CD
3HO Foundation	30 Year commemorative CD
Sat Kirin Kaur Khalsa	Shabd Vol II
Sat Kirin Kaur Khalsa	Universal Prayer
Guru Shabd Singh	Har Har Har Har Gobinday
Guru Shabd Singh	Jalay Hai Thalay Hai
Dr Dharma Singh	6 meditation CDs
Guru Raj Kaur	Japji
Mata Mandir S	Furmaan Khalsa
Corina Bartra	Ecstatic Chants from the Infinite
Shakta Kaur	children's CD