



Kundalini Research Institute

SPECIALTY COURSE APPROVED LIST

| Name of Course | course author | contact info (course website and/or author email) | date KRI approved |
|---|-----------------------------------|---|--------------------------|
| The Science of Mind and Humanology for Leadership and Success (cycles 1 and 2) | Sadhana Singh and Puran Sukh Kaur | http://www.waldzell.org/yoga-teacher-training.html Puran Sukh Kaur: avenali@waldzell.org Sadhana Singh: sadhanasingh65@gmail.com | February 2018 |
| Meditative Healing Program™ | Jivan Mukta Singh | meditativehealingprogram@gmail.com www.meditativehealing.org | April 2018 |
| NineMinMax Business Yoga Specialist Training | Sat Kirtan Kaur | https://nineminmax.com/the-training/ satkirtanji@gmail.com | May 2018 |
| Total Man Training™ | Jivan Mukta Singh | totalmantraining@gmail.com www.totalmantraining.com | September 2018 |
| Kundalini Yoga Program for Care givers | Monique (Amrit Kriya) and Ivonne | info@yogavoormantelzorgers.nl https://www.yoganamo.nl/yoga-voor-mantelzorgers/ http://www.yoganatuurlijk.org | March 2019 |
| Guru Leadership - "The Science of Mind and Humanology for Leadership and Success" | Sadhana Singh and Puran Sukh Kaur | avenali@waldzell.org http://www.waldzell.org/yoga-teacher-training.html | March 2019 |

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