

Bibliography and further reading for the History of Yoga & Philosophy

Chapter 4:

Beck, Guy L. 1993. *Sonic Theology: Hinduism and Sacred Sound*. University of South Carolina Press.

Bhogal, Balbinder Singh. 2012. "The Animal Sublime: Rethinking the Sikh Mystical Body". In: *Journal of the American Academy of Religion*, Volume 80, Number 4.

Bhogal, Balbinder Singh. Unpublished Draft. "Sikh Critique of Yoga and Meditation"
academia.edu

Chapple, Christopher Key. 1986. *Karma and Creativity*. State University of New York Press.

De Nicolás, Antonio T. 2003. *Meditations through the R̥g Veda*. Authors Choice Press.

Deslippe, Philip. "From Maharaj to Mahan Tantric: The Construction of Yogi Bhajan's Kundalini Yoga" *Sikh Formations*, Volume 8, Number 3, pp. 369-387.

Dusenbery, Verne A. 2008. *Sikhs at large: religion, culture, and politics in global perspective*. Oxford University Press.

_____. 2012. "3HO/Sikh Dharma: Some Issues for Consideration".
In: *Sikh Formations*, Volume 8, Number 3, p. 335-349.

Elsberg, Constance W. 2011. "Strong as Steel, Steady as Stone: Skirting Pitfalls in 3HO/Sikh Dharma". In James R. Lewis (ed.) *Violence and the New Religious Movements*, Oxford University Press, pp. 325-350.

Feuerstein, Georg. 2008. *The Yoga Tradition: Its History, Literature, Philosophy and Practice*. Hohm Press.

Flood, Gavin. 1996. *An Introduction to Hinduism*, Cambridge: Cambridge University Press

Harappa.com

Hume, Robert E. *The Thirteen Principal Upanishads*. 2nd ed., rev. 1931.

Jain, Andrea. 2015. *Selling Yoga: From Counterculture to Pop Culture*. Oxford University Press.

Khalsa-Baker, Nirinjan Kaur. 2019. "Engendering the female voice in Sikh devotional music: Locating Equality in Pedagogy and Praxis." *Sikh Formations*. 15:1-2, 246-286.

_____. 2014. "Renegotiating Orthopraxy in the Presence of the Bani Guru," *Sikh Formations*, 10:3, 313-334.

_____. 2012.: "When Gurbani Sings a Healthy Happy Holy Song," *Sikh Formations: Religion, Culture, Theory*, 8:3, 437-476.

Khalsa, Shanti Kaur. 2012. "Yogi Bhajan and the Emergence of Sikh Dharma International". In: *Sikh Formations*, Volume 8, Number 3, pp. 389-401.

Khalsa, Shanti Kaur. 1995. *History of Sikh Dharma of the Western Hemisphere*. Sikh Dharma Publications.

Lafontaine, Juan Francisco. 2016. *3HO in the Light of Experience: a Study of Experiences in the Healthy, Happy and Holy Organization (3HO)*. University of Helsinki. Doctoral dissertation.

Lieberman, Kenneth. 2008. *The Reflexivity of the Authenticity of Haṭha Yoga* In: Singleton, Mark and Jean Byrne, (editors). *Yoga in the Modern World. Contemporary Perspectives*. Routledge, pp. 100-116.

Mandair, Arvind-pal Singh. 2013. *Sikhism: A Guide for the Perplexed*. Bloomsbury Academic.

Mallinson, James. 2011. "Haṭha Yoga" in *Brill's Encyclopedia of Hinduism*, vol. 3. Ed. Knut A. Jacobsen et al. Leiden: Brill, 2011. pp. 770-781.

_____. 2016. "Śaktism and Haṭha Yoga" in: *Goddess Traditions in Tantric Hinduism: History, Practice and Doctrine*, Ed. Bjarne Wernicke Olesen. London: Routledge, pp. 109-140.

McLeod, William. H. 1989. *Who is a Sikh? The Problem of Sikh Identity*. Oxford University Press.

Newcombe, Suzanne. 2013. *Magic and Yoga: The Role of Subcultures in Transcultural Exchange*. In Hauser, Beatrix, editor. *Yoga Traveling. Bodily Practice in Transcultural Perspective*. Springer, pp. 57-79

Harjot Oberoi. 2002. *The Construction of Religious Boundaries: Culture, Identity, and Diversity in the Sikh Tradition*. University of Chicago Press.

Perini, Ruth ('Srimukti'), translator. 2019. "Yoga Kuṇḍalinī Upaniṣad". In: Swami Satyadharmā Saraswati, author. *Yoga Kundali Upanishad: Theory and Practices for Awakening Kundalini*. Muger: Yoga Publications Trust.

Shackle, Christopher, and Mandair, Arvind, editors. 2005. *Teachings of the Sikh Gurus: Selections from the Sikh Scriptures*. London: Routledge.

Singleton, Mark. 2010. *Yoga Body: The Origins of Modern Posture Practice*. Oxford University Press.

Stoeber, Michael. 2012. "3HO Kundalini Yoga and Sikh Dharma". In: *Sikh Formations*, Volume 8, Number 3, pp. 351-368.

Primary Texts referenced in the chapter:

There are many translations and commentaries on these primary texts. Here are a few references, but many other versions can be found.

Yoga Sutras

Bryant, Edwin F. 2009. *A New Edition, Translation, and Commentary*. North Point Press.

Hariharanda Aranya, Swami. 1983. *Yoga Philosophy of Patanjali: Containing his yoga aphorism's with Vyasa's commentary in Sanskrit and a translation with annotations including many suggestions for the practice of yoga*. State University of New York Press.

Prabhavanda, Swami, and Isherwood, Christopher. 1953. *How to Know God: The Yoga Aphorisms of Patanjali*. Vedanta Press.

Bhagavad Gita

Easwaran, Eknath. 2007. *The Bhagavad Gita*. Nilgiri Press.

Feuerstein, Georg, and Feuerstein, Brenda. 2014. *The Bhagavad-Gita: A New Translation. With the Sanskrit text, a romanized transliteration, a word-for-word translation, and extensive notes and supporting essays*. Shambala Press.

Satchitananda, Sri Swami. 1997. *The Living Gita: The Complete Bhagavad Gita. A commentary for modern readers*. Integral Yoga Publications.

Samkhya Karika

Vishvatma Bawra, Brahmishi. 2018. *Samkhya Karika: with Gaudapadacarya Bhasya. Revised Edition*. Brahmishi Yoga Publications.

Larson, Gerald James. 2001. *Classical Samkhya: An Interpretation of its History and Meaning*. Motilal Banarsidass Publications.

Hatha Yoga Pradipika

Muktibodhananda, Swami. 1998. *Hatha Yoga Pradipika*. Nesma Books India.

Swatmarama, Swami. 2008. *Hatha Yoga Pradipika: Sanskrit and English*. Forgotten Books.

Swatmarama, Swami, and Akers, Brian Dana. 2004. *The Hatha Yoga Pradipika: Original Sanskrit by Swatmarama, and translation by Brian Dana Akers. An Illustrated Guide to the Benefits of Hatha Yoga*.

Other texts to research:

Gerandha Samhita

Shiva Samhita

Yoga Vasistha