

# Mantra Guru Guru Wahe Guru

## Pronunciation

*Guru Guru*  
*Wha-hay Guru*  
*Guru Ram Das*  
*Guru*

## Modification

*Guru Guru*  
*Wha-hay Guru*  
*Guru (Your Name)*  
*Guru*

## Translation:

The first part of the mantra, Guru Guru Wahe Guru, projects the mind to the Infinite, the source of knowledge and ecstasy. The second part, Guru Ram Das Guru, means “the wisdom that comes as a servant of the Infinite.”

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***Ek Ong Kar Sat Gur Prasad,***

***Sat Gur Prasad Ek Ong Kar***

Translation:

God and We are One.

I know this by the Grace of the True Guru.

I know this by the Grace of the True Guru.

God and We are One.

This mantra, also known as the Siri Mantra or the Magic Mantra, stops anything negative and removes all obstacles. It brings great intuition. If the mantra is chanted 5 times, it will stop the mind and put it into reverse gear. It can take you beyond duality and establish the flow of spirit.

It needs to be chanted with reverence. After chanting this mantra, anything you say will be amplified, so be positive and don't say anything negative, at least for a while. This mantra can have a negative backlash if chanted incorrectly. So it's best to invoke the sacred—chant or meditate before practicing this mantra.