History of Yoga Pedagogy Tools

External Links for additional reading and viewing

* Articles
  + A link to info about the 3 granthis is in Satya’s PPT
  + <https://www.yogajournal.com/yoga-101/philosophy/yoga-s-greater-truth/>
  + <https://www.theheritagelab.in/yoga-art/>
* Podcasts
  + <https://podcasts.apple.com/us/podcast/the-yoga-history-podcast/id1511962450?i=1000479202265>
* 3rd party videos
  + Ardaas Singh’s YouTube Channel - <https://www.youtube.com/@Ardaas_Singh>
  + Peter Brooks’ The Mahabharata
    - [In English](https://youtu.be/yhqkRGISQr8)
    - [With Spanish subtitles](https://youtu.be/F3kd0mxzezk)
  + Guru Nanak’s meeting with the yogis (with kirtan playing in the background)

# [The Yoga Sutras of Patanjali | Prof. Edwin Bryant](https://youtu.be/cp1X-ar76nA)

* + [Yoga Unveiled](https://www.yogaunveiled.com/)
  + [Sikhism - A Very Short Introduction](https://www.youtube.com/watch?v=QNPhLQmR5W0) - Eleanor Nesbitt
  + [How Vivekananda Changed America](https://youtu.be/SGpYRh53bTo)

● Books

○ “The Yoga Sutras of Patanjali” by Sri Swami Satchidananda

■  [In English](https://www.amazon.com/Yoga-Sutras-Patanjali-Swami-Satchidananda/dp/1938477073/ref=sr_1_1?__mk_zh_CN=%E4%BA%9A%E9%A9%AC%E9%80%8A%E7%BD%91%E7%AB%99&crid=3319404RBFHYW&dchild=1&keywords=the+yoga+sutras+of+patanjali+by+swami+satchidananda&qid=1631695745&spref)

■  [In Chinese](http://product.dangdang.com/26184462.html):《[沙吉难陀大师讲述巴坦加里的瑜伽经》, 陈景圆译,商务印书馆国际有限公司出版](https://youtu.be/F3kd0mxzezk)

○ “ How to know God/The Yoga Aphorisms of Patanjali,” translated with a commentary by Swami Prabhavananda and Christopher Isherwood

■  [In English](https://www.amazon.com/How-Know-God-Aphorisms-Patanjali/dp/0874810418/ref=sr_1_1?dchild=1&keywords=how+to+know+god&qid=1631707578&sr=8-1)

■  [In Chinese](http://search.dangdang.com/?key=%CF%D6%D4%DA%BF%AA%CA%BC%BD%B2%BD%E2%E8%A4%D9%A4&act=input):《现在开始讲解瑜伽经》,《瑜伽经》权威阐释(修订版), 王志成,杨柳译,四川出版集团和四川人民出版社共同出版