



5 Aquarian Sadhanas for Student-Teachers
Kundalini Yoga as taught by Yogi Bhajan®
Level 1

Program Team Approval

Legal Name (Last, First)

Spiritual Name

City, State, Country

1. Date Completed: _____ Signed: _____

2. Date Completed: _____ Signed: _____

3. Date Completed: _____ Signed: _____

4. Date Completed: _____ Signed: _____

5. Date Completed: _____ Signed: _____